Children with vision problems may not complain that it is hard to see because they do not know what normal vision is. They think the way they see is the way everyone sees - even if it's blurry.

Your child needs an eye exam.

☐ He/she has failed a vision screening	
☐ He/she reports broken or lost eyeglasses	
Other:	



If you need help finding an eye doctor, call your child's doctor, school nurse or health manager. Annual visits to eye doctors (ophthalmologists and optometrists) and eyeglasses (including replacements if needed) are covered by Mass Health insurance. Private insurance plans vary in their eye exam and eyeglass benefits. If you need help understanding your child's insurance coverage, call your health insurance company. Assistance programs are available if your child does not have insurance benefits for eye exams or glasses.

Did you know?

- One in four children needs eyeglasses to see the blackboard or to read a book.
- Some vision conditions, if not treated, will lead to permanent vision loss. This means that early detection, diagnosis, follow-up, and treatment of a child's vision condition is critical.
- Complaints and behaviors such as itchy eyes, headaches, blinking, or squinting can be signs
 of a vision problem.
- Untreated vision problems may contribute to challenges with reading, falling behind in the classroom, having difficulty with sports and connecting with friends.
- Children born prematurely, or who have developmental delay or other special needs, are more likely to have vision problems.

